

L'Institut universitaire de psychothérapie, le Service de psychiatrie de liaison, le Service de psychiatrie générale du Département de psychiatrie du CHUV, l'Université de Lausanne ainsi que le Groupe Romand Prévention Suicide, Stop Suicide, la Fondation de Nant, le Centre neuchâtelois de psychiatrie et la European Society for the Study of Personality Disorders (ESSPD) ont le plaisir de vous inviter à une conférence exceptionnelle.

Conférence du Professeur
Lars Mehlum, MD PhD
Université d'Oslo,
Norvège

Discussion par le
Docteur Laurent Michaud, MD
Département de psychiatrie
du CHUV et GRPS

Le 22 août 2019 à 18h30
Entrée libre
Auditoire César-Roux
Bâtiment hospitalier principal,
CHUV

M2 CHUV ou parking CHUV

« Prevention and treatment of suicidal behaviours »

Suicide and suicide attempts are major public health concerns in a majority of countries; suicide is among the top ten causes of death world-wide and in most countries the top non-illness cause of death. Given the complex and multifactorial causes of suicidal behaviour, we would ideally wish to adopt preventive strategies at many levels and systems in society, combining many different methodological approaches and engaging people with a multitude of expertise, and preferably do so all at the same time, to achieve more synergy effects. While in most cases we are not yet able to respond so effectively and systematically to the huge societal problem of suicide, we have indeed made significant progress preventing suicide over recent years. In this talk I will provide a brief update on what is the state of the art of effective prevention and treatment of suicidal behaviours.

Professor Lars Mehlum, MD PhD, is the founding director of the National Centre for Suicide Research and Prevention at the Institute of Clinical Medicine, University of Oslo, Norway. A psychiatrist and psychotherapist, he is the president of the International Academy of Suicide Research (IASR) and a past president of the International Association for Suicide Prevention (IASP) and the European Society for the Study of Personality Disorders (ESSPD). Over many years he has been an advisor on mental health and suicide prevention in his home country, to the World Health Organisation, the European Union and governments in countries such as the United States, China and Germany. He has lectured widely in many countries and has established several advanced training programmes, such as a master's programme in suicide prevention at the University of Oslo and national therapist training programmes in dialectical behaviour therapy (DBT) and complicated grief treatment (CGT). The founding editor of the journal *Suicidologi* published since 1996, he is also a member of the editorial board of several international journals. With his research group he focuses on the clinical studies of people with suicidal and self-harming behaviour, and the efficacy of interventions, among them dialectical behaviour therapy.

He is also conducting studies of the epidemiology of self-harm and completed suicide in the general population and various non-clinical samples through large-scale national registers and he has received several national and international awards.

Doctor Laurent Michaud, MD, is a psychiatrist and psychodynamic psychotherapist. He is currently head of the Crisis and Emergency Psychiatric Unit at the Lausanne University Hospital. A past president of the Suicide Prevention Group in French-speaking Switzerland (Groupe Romand Prévention Suicide, GRPS), he recently edited a textbook on suicide prevention (*Prévention du suicide : Rencontrer, évaluer, intervenir*, Médecine et Hygiène, 2017). He is the principal investigator of the French-speaking Swiss programme for monitoring self-harm and leads or participates at a local level in several other clinical, research and training projects on suicide prevention.

